



Clinical Impressions: Seeking Naturopathic Guidance on Diagnoses

What is a naturopathic clinical impression?

A naturopathic clinical impression is the interpretation of results gathered through a detailed health assessment.

The purpose of a clinical impression is to provide individuals with complementary treatment options once a diagnosis has been made by a physician.

When to seek a clinical impression?

Receiving a diagnoses from a physician is just the beginning of your road to wellness. Armed with a diagnosis, individuals can begin the process of educating themselves about their situation with the goal of making informed decisions about their own their own care and course of treatment.

Clinical impressions can be helpful in providing insight into many of today's most common diagnoses, including ***depression, anxiety, chronic inflammation (arthritis, Crohn's, etc.), digestive issues, thyroid dysfunction, blood pressure issues, polycystic ovarian syndrome, PMS, menopause***, and more. Naturopathic Doctor's take a holistic approach to health care and treatment considerations. Conventional therapies can often be augmented through naturopathic treatments.



It is important to be comfortable with your decision to pursue any course of treatment. Whether you are ***seeking an alternative*** to the treatment suggested by a physician, want to ***conduct your own research*** into a health-care issue, or want to ***add complementary treatments*** to a conventional treatment plan, seeking a clinical impression from a Naturopathic Doctor may widen the treatment options available to you.

To book an appointment at our [Collaborative Care Centre](https://www.collaborativecarecentre.com) with naturopath Dr. Jennifer Johrendt, please send an email to info@healthyimpact.ca.

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