

How to Create a New MindBody Account

We are thrilled to partner with MindBody to provide clients with an easy-to-use, mobile-friendly way to schedule and pay for activities at Heritage Fitness.

MindBody allows clients to register for [specialty fitness programs](#) and [workshops](#), sign-up for [personal training sessions](#), and book appointments with health care practitioners at our [Collaborative Care Centre](#).

To create a new MindBody account to manage your Heritage Fitness activity, we must have a **valid email address** for you already in our files and you need to follow the instructions below on a **laptop or desktop computer** (the initial set-up cannot be done on a mobile device).

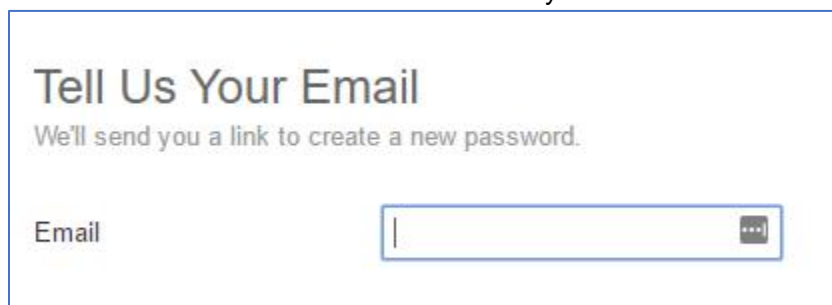
To get started:

Navigate to the MindBody [sign-up page for Heritage Fitness](#).

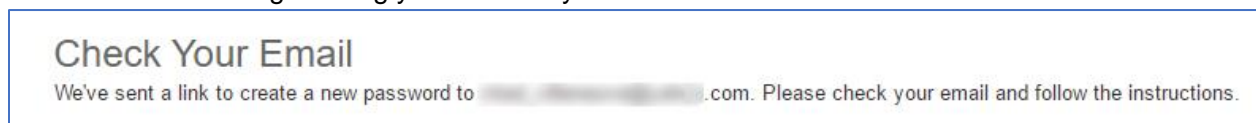
Click on the phrase Need Password near the top right of the screen.

A screenshot of the MindBody login form. It features two input fields labeled "Email" and "Password", a "Log In" button, and three links: "Create account", "Need password?" (highlighted with an orange box), and "Remember me" with an unchecked checkbox.

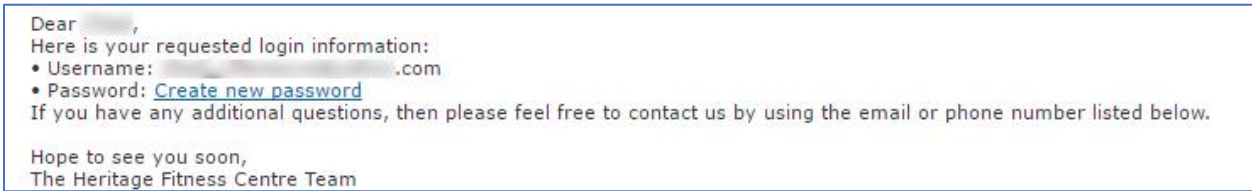
Enter the email address we have on file for you. Click Next.

A screenshot of the "Tell Us Your Email" form. The title is "Tell Us Your Email" and the subtitle is "We'll send you a link to create a new password." Below this is an input field labeled "Email" with a cursor and a "Next" button.

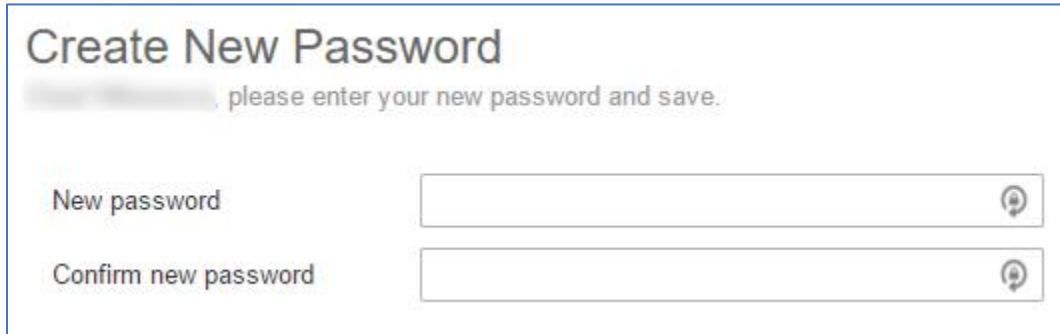
You will see a message asking you to check your email.

A screenshot of the "Check Your Email" message. The title is "Check Your Email" and the text reads: "We've sent a link to create a new password to [redacted]@[redacted].com. Please check your email and follow the instructions." The email address is redacted with a grey box.

From the email, select Create New Password.



Create your password. Click Save.



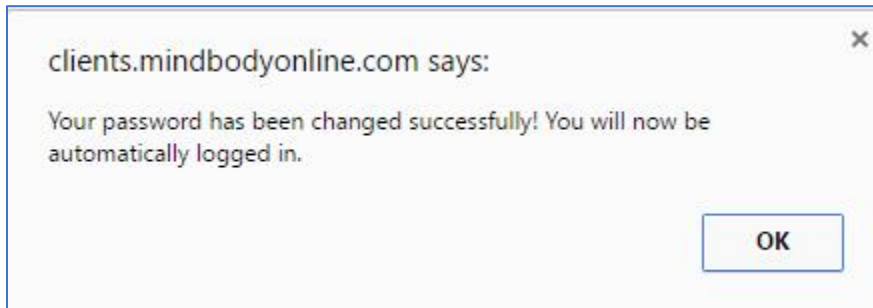
Create New Password

[redacted], please enter your new password and save.

New password

Confirm new password

You will receive a confirmation that your password has been successfully created.



Once you have created your account, download the free Heritage Fitness/MindBody app to your mobile device from [iTunes](#) or [Google Play](#) and sign in using your new password.



If we do not have an email address for you on file or if you would like assistance setting up your MindBody account, please drop by Reception. We are happy to help you create your account.